A case of entecavir-associated bullous fixed drug eruption and a review of literature

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ABSTRACT
Fixed drug eruption (FDE) is a type of drug reaction characterized by localized erythema, hyperpigmentation, and bullous at the same site(s), generally observed following every intake of a causative drug. Delayed-type cellular hypersensitivity (Type IVc) is considered to play a role in FDE etiology. Several antibiotics, barbiturates, oral contraceptives, nonsteroidal anti-inflammatory drugs, laxative-containing phenolphthalein, metronidazole, and quinine are known to be the primary drugs responsible for FDE. Bullous FDE, on the other hand, is a relatively rare form of FDE. Hepatitis B is a significant worldwide health problem, and entecavir is a common nucleoside (deoxyguanosine) analog used for treating hepatitis B; however, it has various side effects, such as lactic acidosis, myalgia, azotemia, hypophosphatemia, headache, diarrhea, pancreatitis, and neuropathy, and, in rare cases, cutaneous drug eruption. Our aim is to present a case of entecavir-associated bullous drug reaction, which has not been reported in the literature. Furthermore, we performed a review of literature to compile previously reported entecavir-associated drug reactions.

Keywords: Bullous fixed drug eruption, entecavir, hepatitis b, fixed drug eruption

INTRODUCTION
Fixed drug eruption (FDE) is a type of drug reaction characterized by localized erythema, hyperpigmentation, and bullous at the same site(s), generally observed following every intake of a causative drug (1). Delayed-type cellular hypersensitivity (Type IVc) is considered to play a role in FDE etiology (2). Several antibiotics, barbiturates, oral contraceptives, nonsteroidal anti-inflammatory drugs, laxatives containing phenolphthalein, metronidazole, and quinine are known to be the primary drugs responsible for FDE (1,2). Bullous FDE, on the other hand, is a relatively rare form of FDE (1,2).

Hepatitis B is a significant worldwide health problem, which is treated with entecavir, a common nucleoside (deoxyguanosine) analog with various side effects, such as lactic acidosis, myalgia, azotemia, hypophosphatemia, headache, diarrhea, pancreatitis, and neuropathy, and, in rare cases, cutaneous drug eruption (3,4,5).

Here, we presented for the first time, a case of entecavir-associated bullous drug reaction. Furthermore, we performed a review of literature to compile previously reported drug reactions related to entecavir.

CASE PRESENTATION
A 50-year-old woman was admitted because of an acute bullous lesion on the erythematous lateral surface of her right leg. Her medical background indicated no additional drug use for hepatitis B other than entecavir (0.5 mg), which she had been using for a week. In her dermatological examination, a 3 cm×2 cm bullous lesion was found on the erythematous lateral surface of her right leg (Figure 1). Her oral and genital mucosal examinations revealed no pathologies, whereas her complete blood count analysis, routine biochemical examinations, and electrolyte value results were all normal.

Skin biopsy was performed for evaluating the bullous fixed drug reaction and for the provisional diagnosis of bullous pemphigoid and differential diagnosis. Histopathological examination revealed significant papillary dermal edema and perivascular lymphocyte-rich inflammatory infiltrate accompanied by eosinophils as well as focal vacuolar degeneration of the basal layer and dissociation in the keratin layer (Figure 2). Direct immunofluorescence (DIF) test showed no immunoreactivity. The bullous lesion was aspirated, and the resulting fluid specimen was cultured. No cell growth was detected in the culture. The patient was diagnosed with bullous FDE on the basis of dermatological and...
histopathological findings, and her medical condition was associated with entecavir because she did not use any other medication. Then entecavir treatment was terminated.

Patient was administered an oral antihistaminic drug and a topical steroid ointment. The lesions gradually regressed in a few weeks during the follow-up. In the follow-up period, the lesions were resolved and remained as a post-inflammatory hyperpigmentation, with no new lesions observed. Hepatitis B treatment was continued with a combined adefovir-lamivudine regime, and the patient was advised not to use entecavir again.

DISCUSSION

Fixed drug eruption was first defined by Bourns in 1889, whereas the term “FDE” was first coined by Brocq (6). Typically the affected areas include the lips, oral mucosa, genitalia, and sacrum (6). Interestingly, our case was affected in the lateral right leg. FDE is characterized by recurrent similar lesions at the same locations, with each recurrence exhibiting increased severity and lasting for months and even years every time the patient is exposed to a drug with specific properties (7). In cases using multiple drugs, methods, such as the oral stimulation test, skin patch test, drug lymphocyte stimulation test (DLST), intradermal tests, and skin prick test, are used to identify the responsible drug (8). The oral stimulation test is a gold standard test for FDE diagnosis; however, its use is uncommon due to its association with severe reactions (8). The skin patch test is preferred in the diagnosis of FDE, and there is a strong correlation between oral stimulation and skin patch tests (9,10). However, none of these tests was required in our case since the patient was diagnosed with entecavir-associated bullous FDE by histopathologic examination and had no history of multidrug use.

The etiopathogenesis of the responsible drug has not been fully elucidated although it is believed to be associated with basal keratinocytes acting as a hapten and causing antibody-dependent cellular cytotoxicity. Moreover, high HLA-B22 expression is known to produce genetic liability (11).

Figure 1. Bullous lesion (3 cm × 2 cm) was present on the erythematous lateral surface of the right leg

Figure 2. Histopathological examination revealed significant papillary dermal edema and perivascular lymphocyte-rich inflammatory infiltrate accompanying eosinophils, focal vacuolar degeneration of the basal layer, and dissociation in the keratin layer
Entecavir is a strong and highly selective DNA polymerase inhibitor, frequently used in hepatitis B treatment, with strong antiviral properties and genetic barrier (3). Its safety profile is well known, and it is one of the most commonly used drugs in chronic hepatitis B treatment (3). There are only a limited number of studies reporting cutaneous drug reactions associated with entecavir. The types of cutaneous drug eruptions associated with entecavir, including anaphylaxis (12), granulomatous (13), erythematous plaque (14), maculopapular (5,15), and bullous (our case), are summarized in Table 1. Our case presented with bullous drug eruptions, unlike other drug eruption cases, and surprisingly, it is the first case reported until now. Although the mechanism of action of entecavir is not completely known, studies have shown that regulatory T cells and intracellular cytokines increase after treatment (16), which may be responsible for this drug reaction. Interestingly, although entecavir has been used universally, all the five cases were from East Asia. Lately, the association between the HLA alleles and drug eruptions has attracted important attention (17). The genetic origin of our case is Turkish people. According to these findings, we could speculate that genetic variation might contribute to the varying hypersensitivity rate of entecavir.

Treatment recommendations for severe cases include discontinuing the responsible drug; using highly potent topical or intraligral corticosteroids for noneroded lesions; applying topical steroid with antibiotics, bacitracin, and silver sulfadiazine; wound dressings for eroded lesions; and systemic corticosteroids (18). In our case, the lesions regressed with the application of local therapy alone, and systemic treatment was not required due to the limited localization of the lesions.

The review of the literature revealed no findings of any bullous drug reaction associated with entecavir. Our study was thus considered the first case report on this subject in the literature. In conclusion, our case highlights the possibility of rare cutaneous drug eruptions associated with entecavir-a drug commonly used in hepatitis B treatment.

Informed Consent: Written informed consent was obtained from the patient who participated in this study.

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